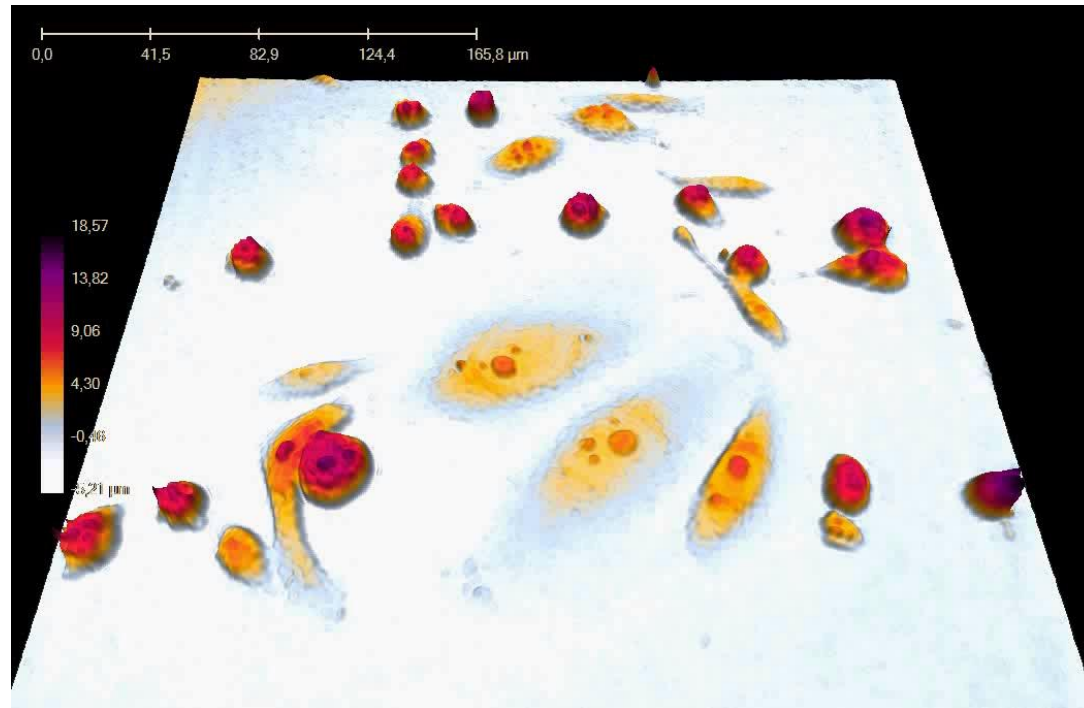




# Apoptosis

# To fall away from (Ancient Greek)

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# Definition

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*“Apoptosis is a pathway of cell death in which cells activate enzymes that degrade the cells’ own nuclear DNA and nuclear and cytoplasmic proteins.”*

*“a genetically determined process of cell self-destruction”*

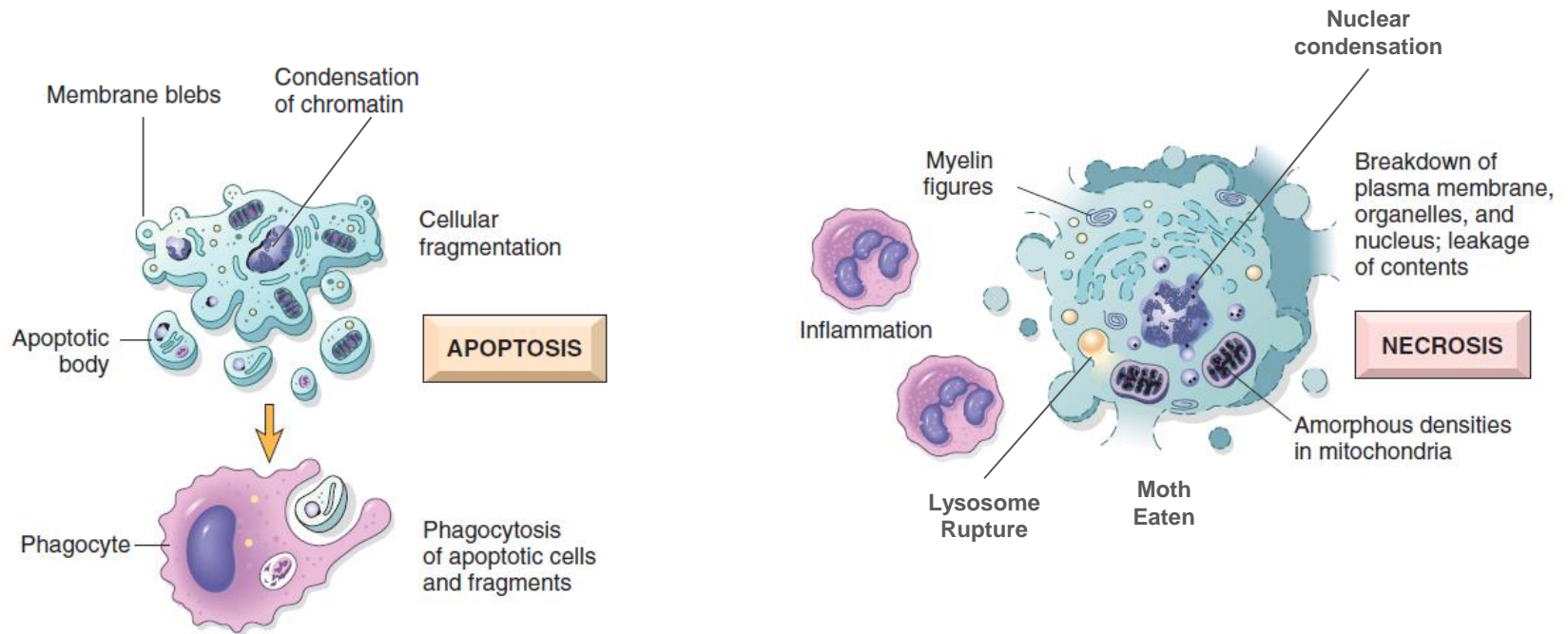
*“a form of cell death in which a programmed sequence of events leads to the elimination of cells without releasing harmful substances into the surrounding area”*

*“Programmed cell death”*

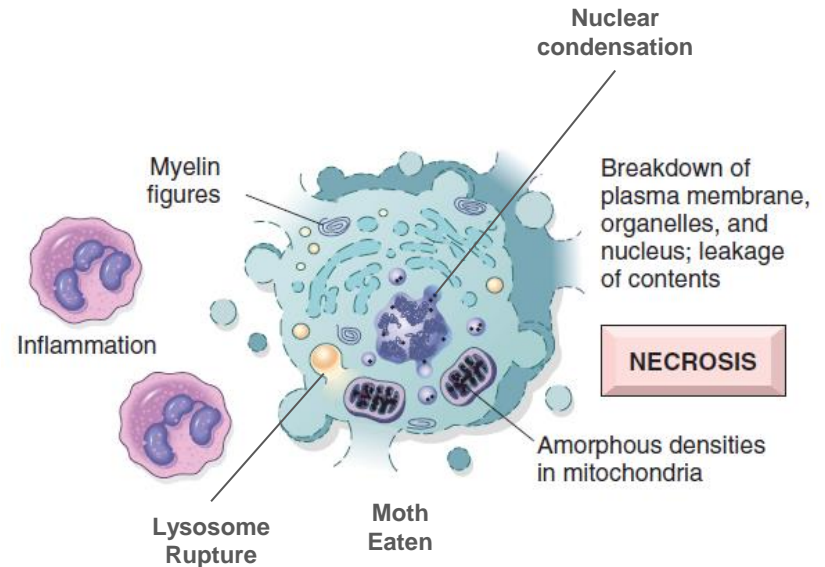
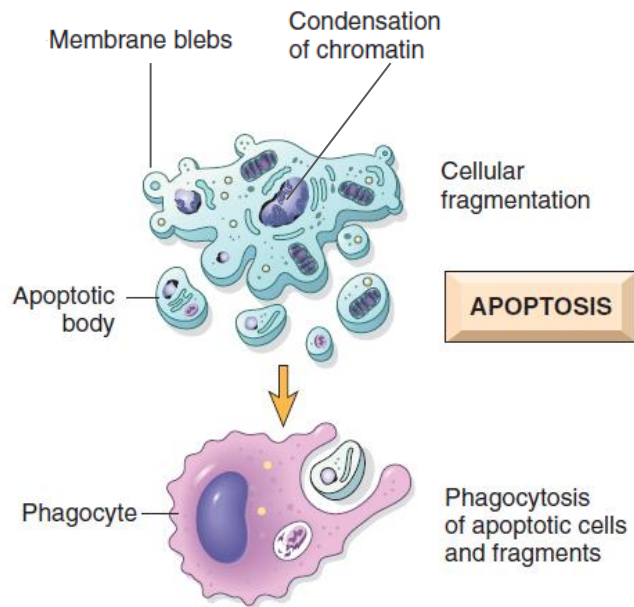
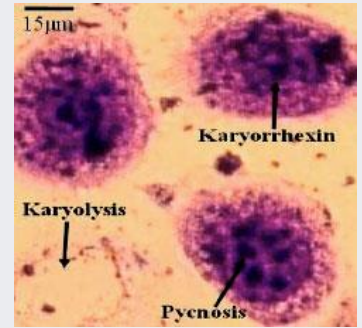
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Feature	Apoptosis	Necrosis
Plasma membrane	Intact, altered structure	disrupted
Cellular contents	Intact, release in apoptotic bodies	Enzymatic digestion, leakage
Adjacent inflammation	No	Frequent
Physiologic vs pathologic	Often, but not always, physiologic	Always pathologic



Feature	Apoptosis	Necrosis
Cell size	Reduced	Enlarged
Nucleus	Fragmentation into nucleosome size fragments (Karyorrhexis)	Karyolysis, Karyorrhexis, Pyknosis



# Causes & Mechanisms of Apoptosis

# Causes of Apoptosis Quiz!

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## Physiologic

- ▶ PCD during embryogenesis
- ▶ Hormone withdrawal
- ▶ Steady state population
- ▶ End of function/life
- ▶ Self reacting lymphocytes

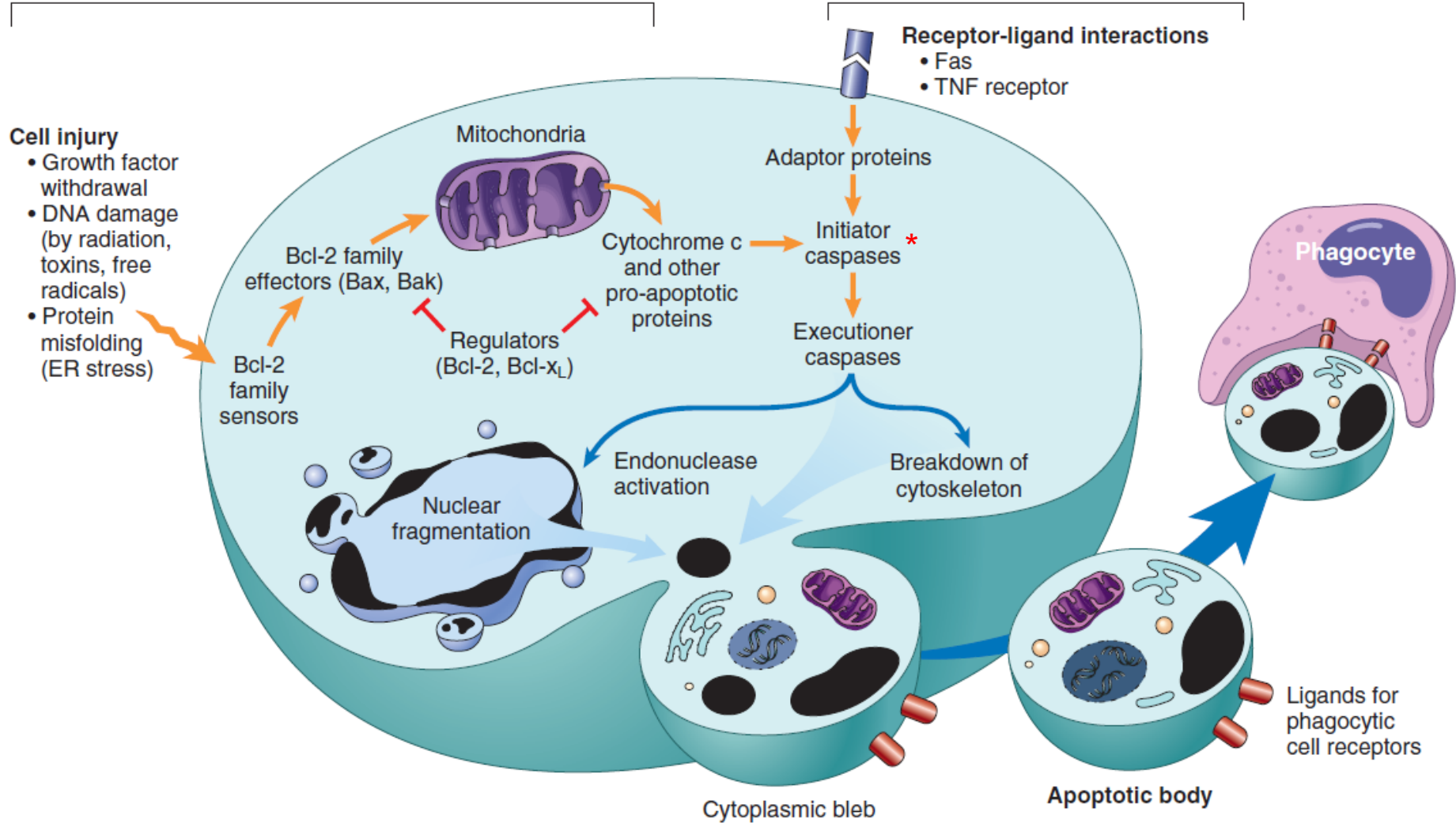
## Pathologic

- ▶ DNA damage
- ▶ Protein misfolding/ER stress
- ▶ Some infections/Cytotoxic T cell induced
- ▶ Pathologic atrophy after duct obstruction



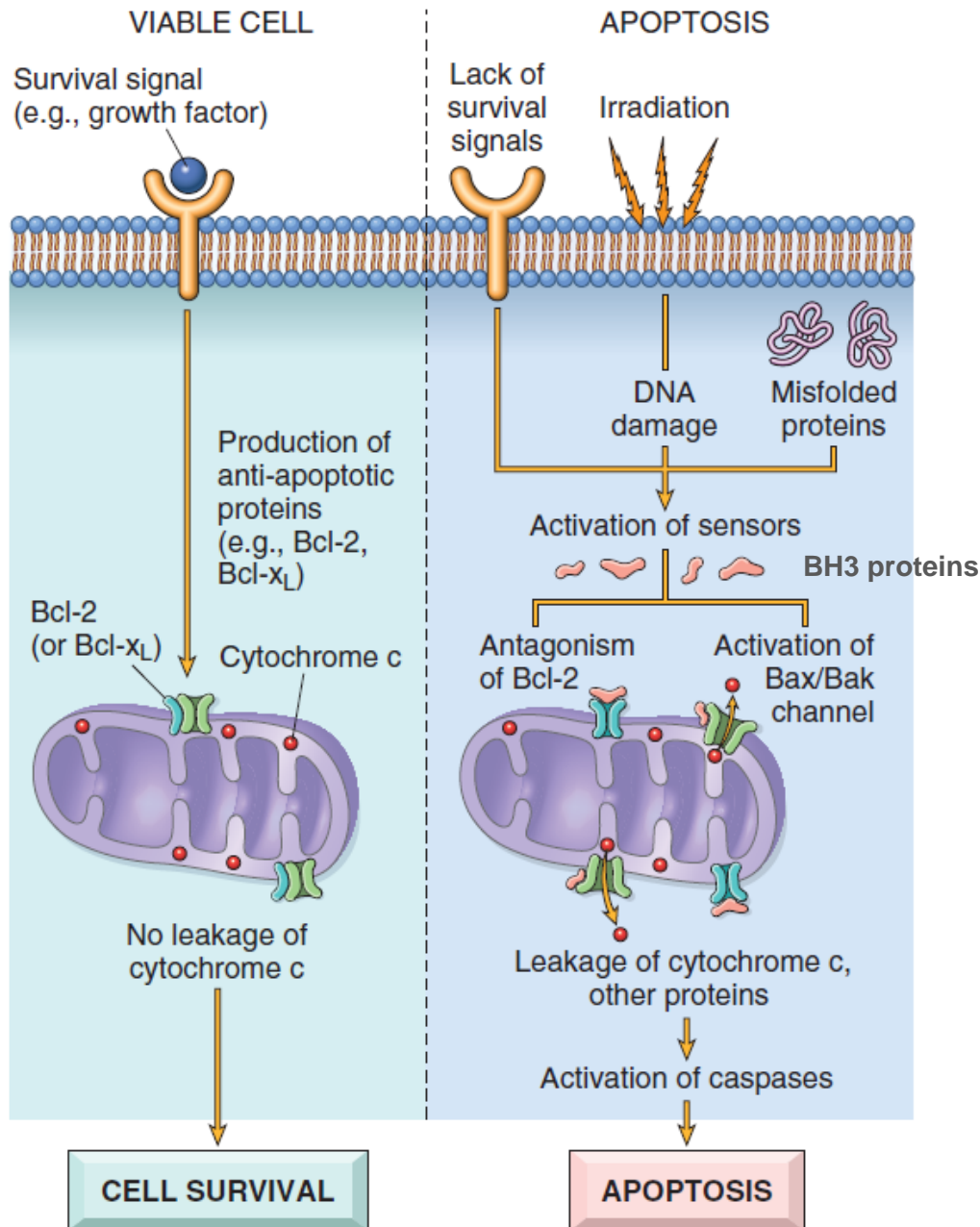
## MITOCHONDRIAL (INTRINSIC) PATHWAY

## DEATH RECEPTOR (EXTRINSIC) PATHWAY



► \*cysteine proteases that cleave proteins after *asp*artic residues





## Mitochondrial (intrinsic)

Mitochondrial permeability is key

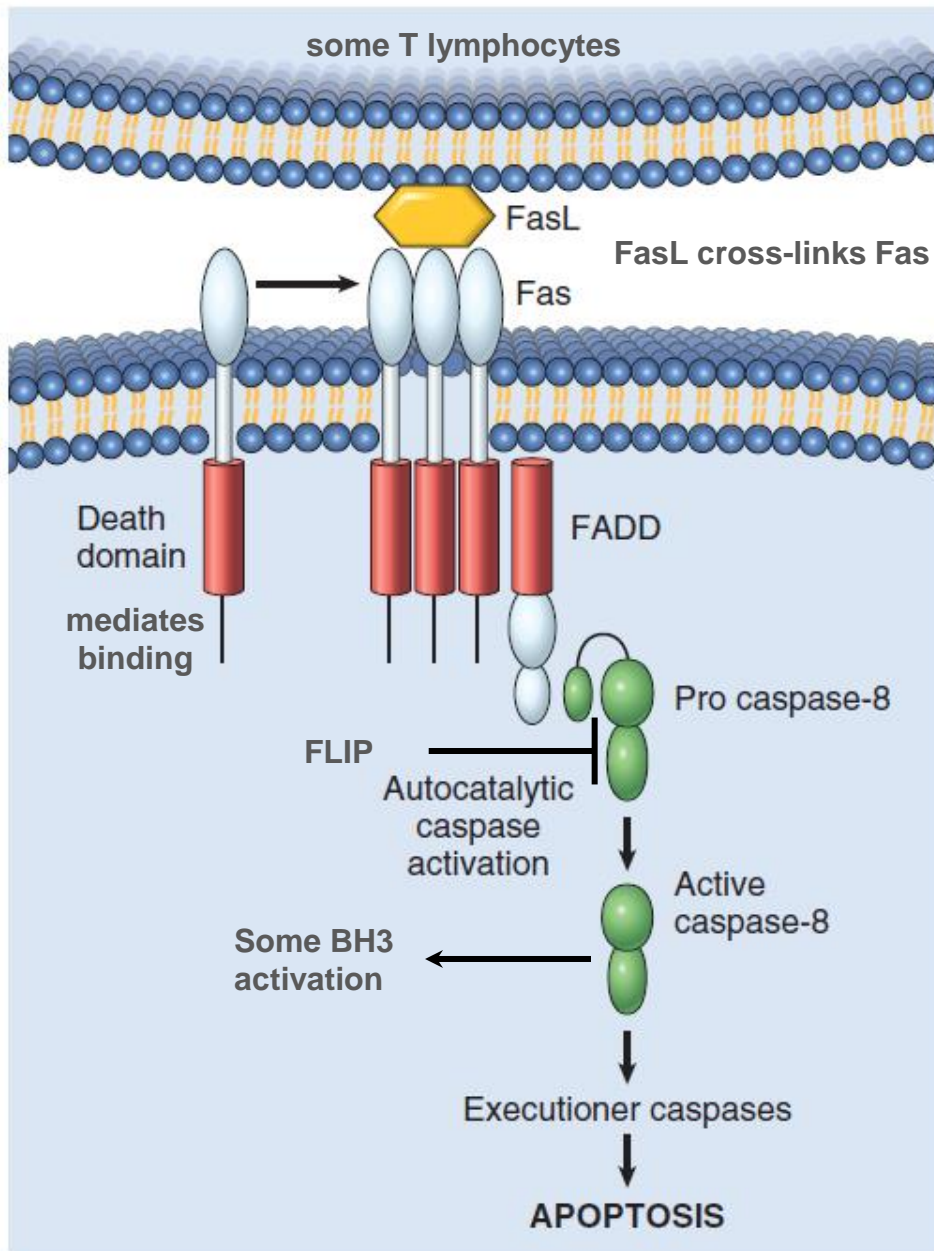
controlled > 20 proteins

Cytochrome c + cofactors, activates caspase-9

Anti-apoptotic proteins are inhibited

Bcl-2 & Bcl-x<sub>L</sub> levels are reduced

Responsible for apoptosis in most situations



## Death receptor (extrinsic)

TNF receptor family

Responsible for apoptosis of self-reactive lymphocytes and target cells of some cytotoxic T lymphocytes

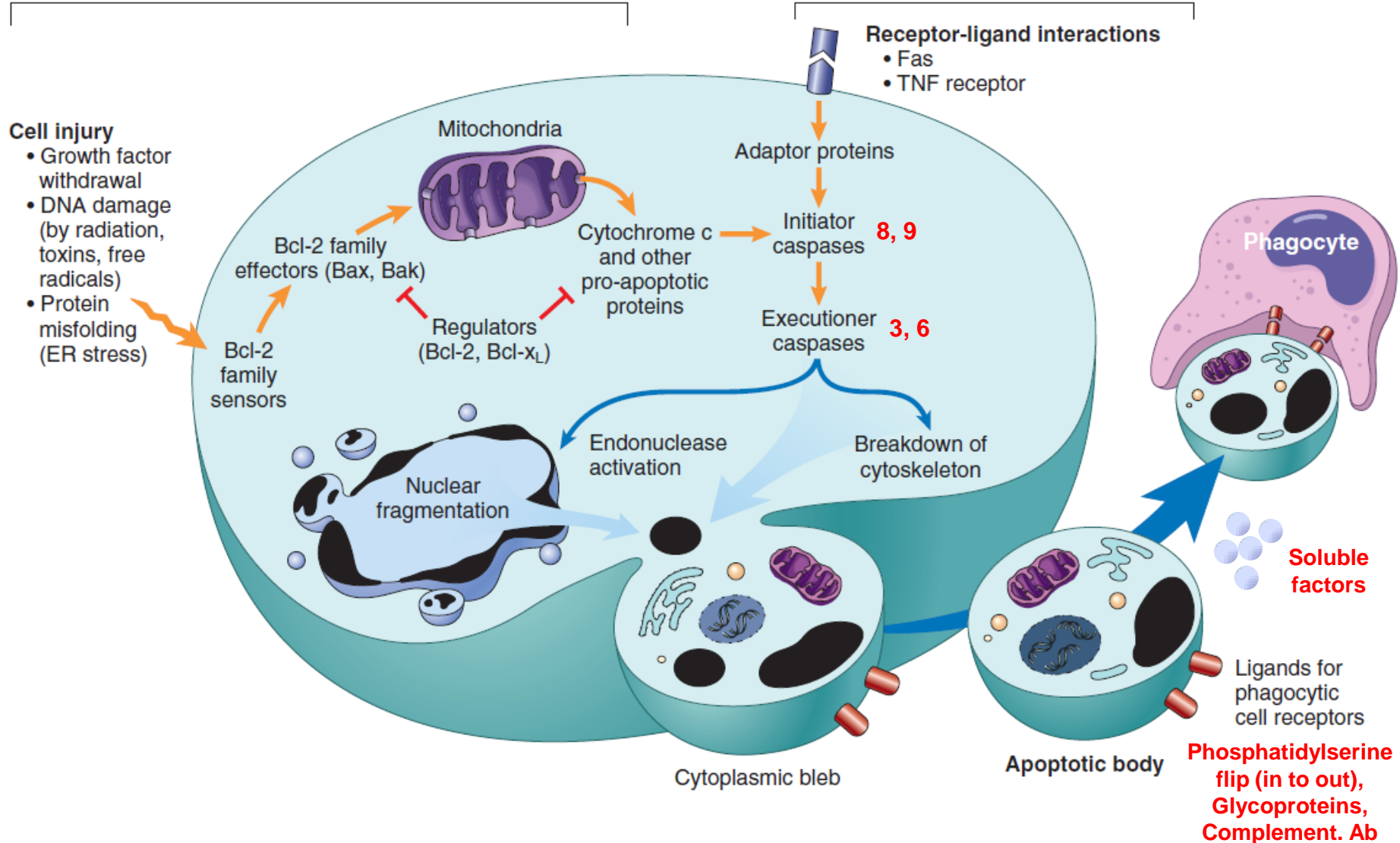
Fas or FasL mutations result in autoimmune diseases


Caspase-8 may cleave and activate Bid a "BH3 sensor" activating the mitochondrial pathway

Some viruses produce homologues of FLIP

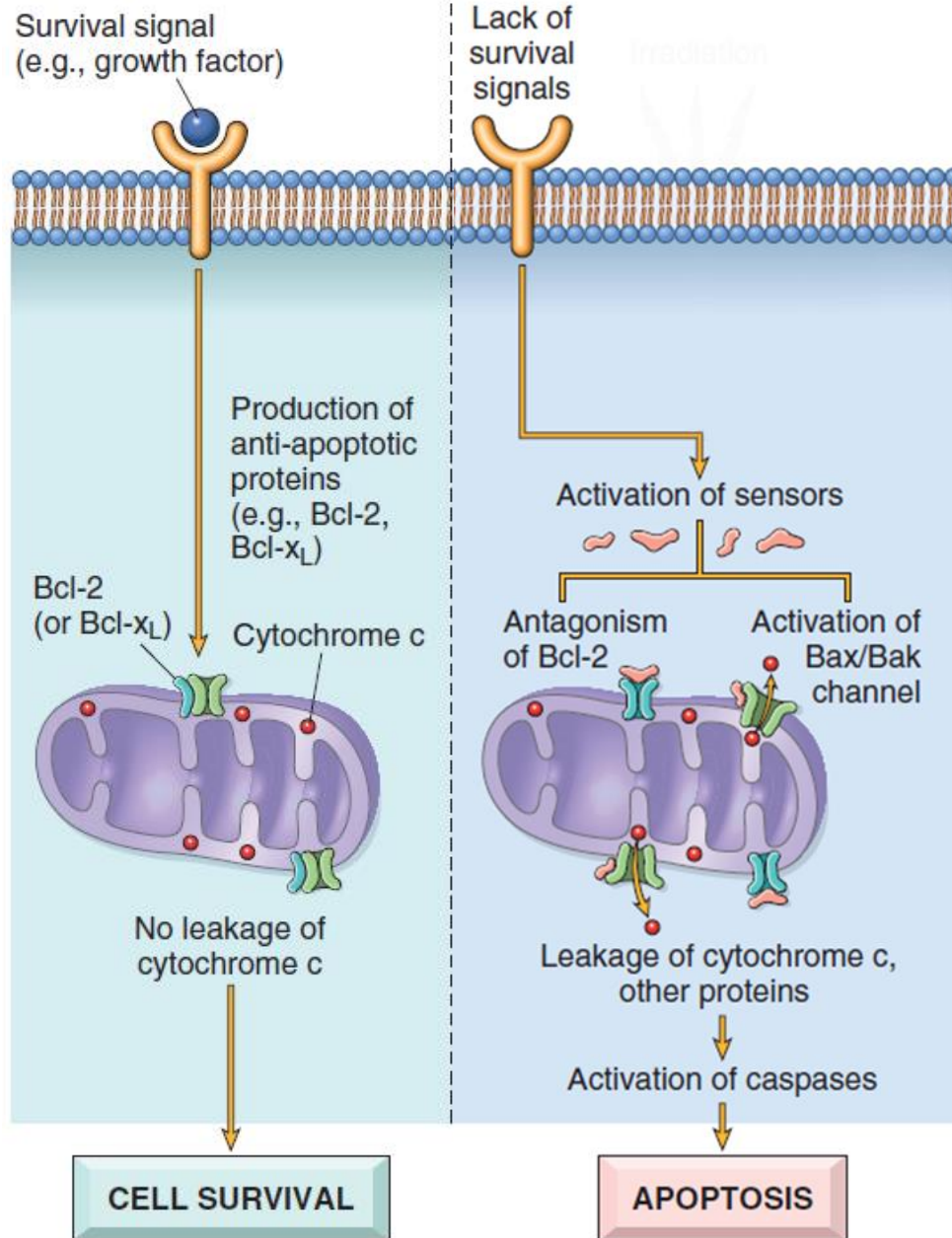
## MITOCHONDRIAL (INTRINSIC) PATHWAY

## DEATH RECEPTOR (EXTRINSIC) PATHWAY





# Causes & Mechanisms of Apoptosis in practice



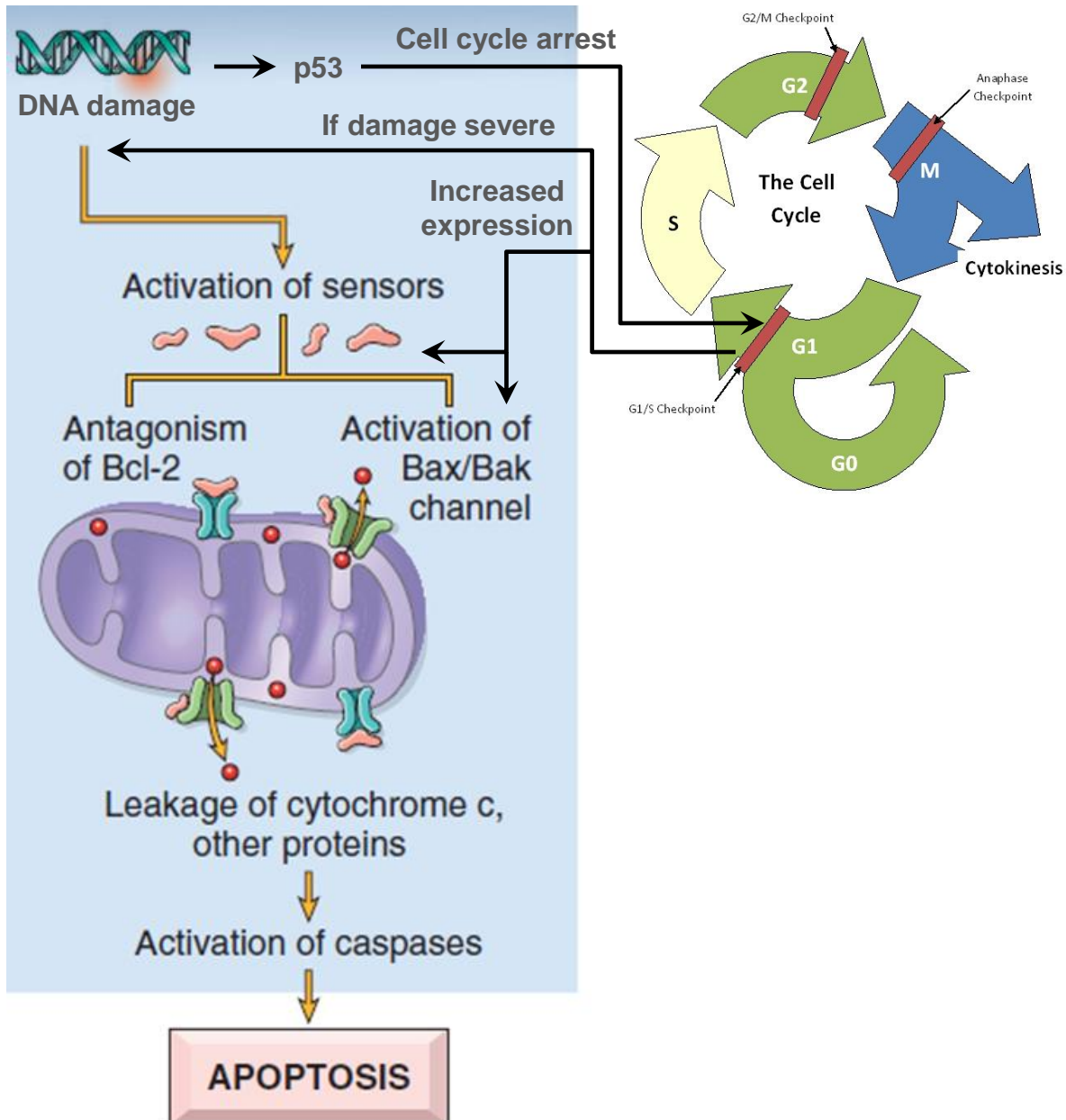
## Growth Factor Deprivation

Hormone-sensitive cells sans hormone

Unstimulated lymphocytes

Neurons deprived of nerve growth factor

Triggered by the  
mitochondrial (intrinsic)  
pathway



## DNA damage

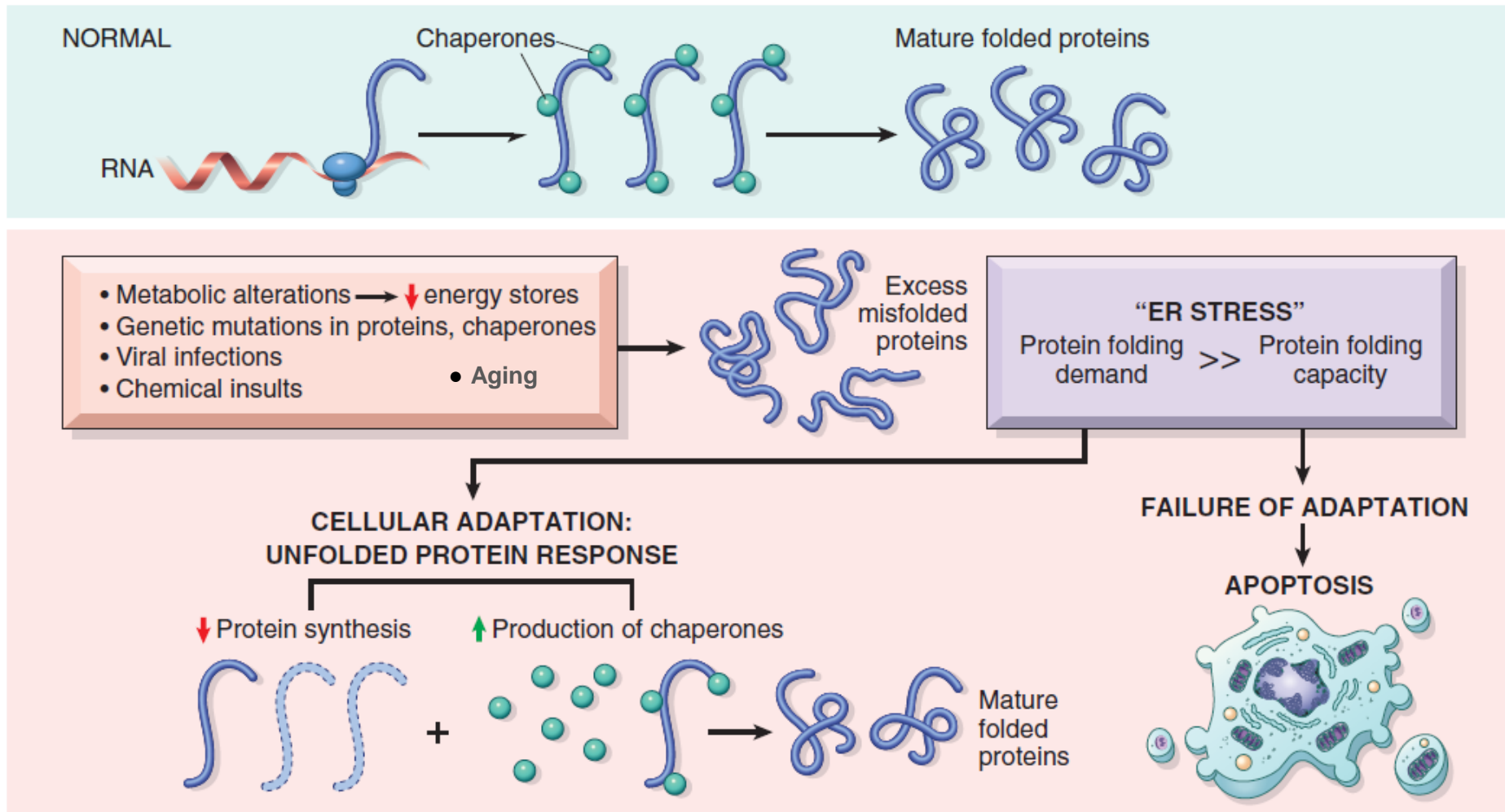
p53 accumulation

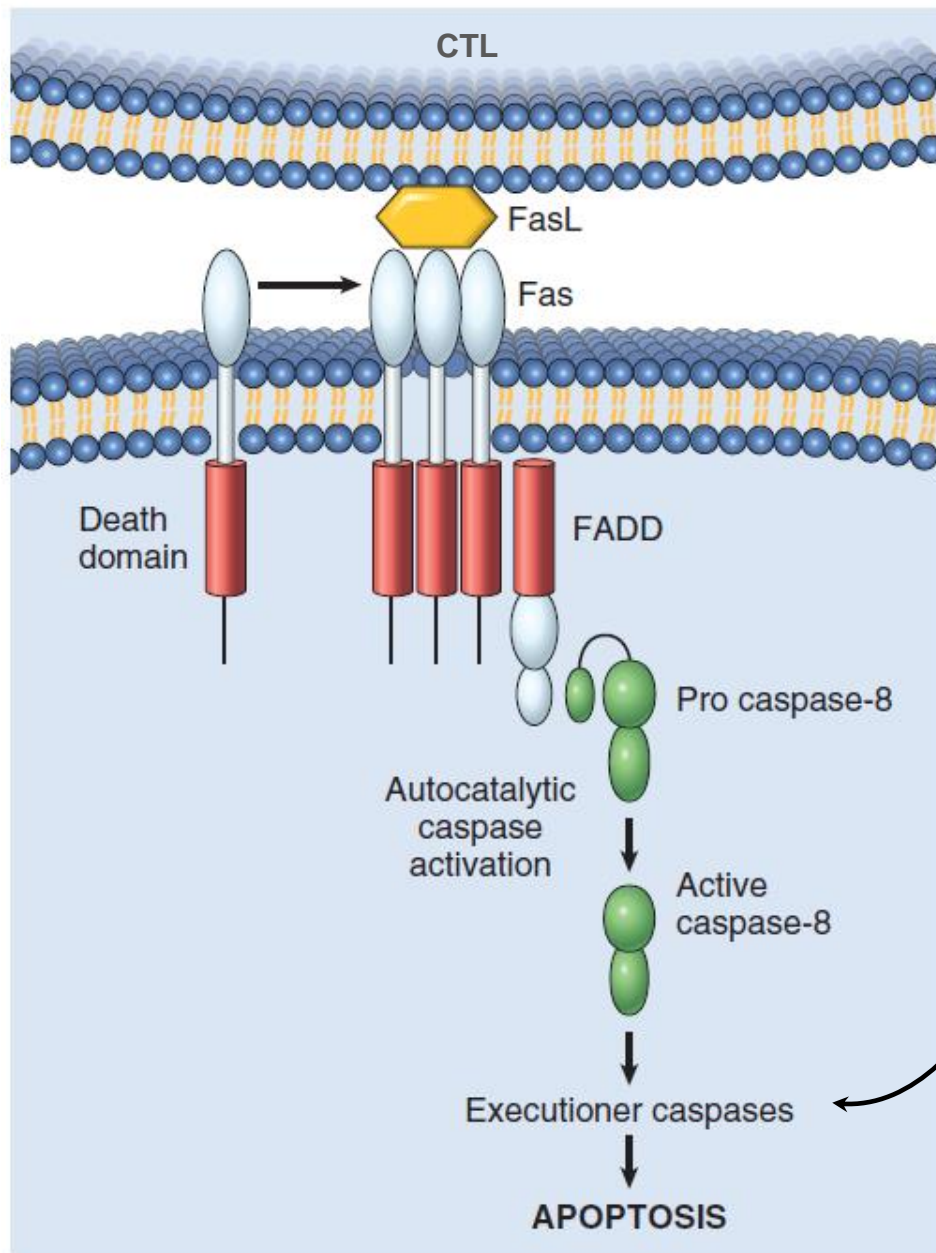
G1 arrest

p53 absence/mutation in certain cancers



## Misfolded proteins ER Stress





## CTL

Recognize tumors and viral infected cells

Granzymes cleave proteins at aspartate residues

CTL kill target cells by directly inducing the effector phase of apoptosis

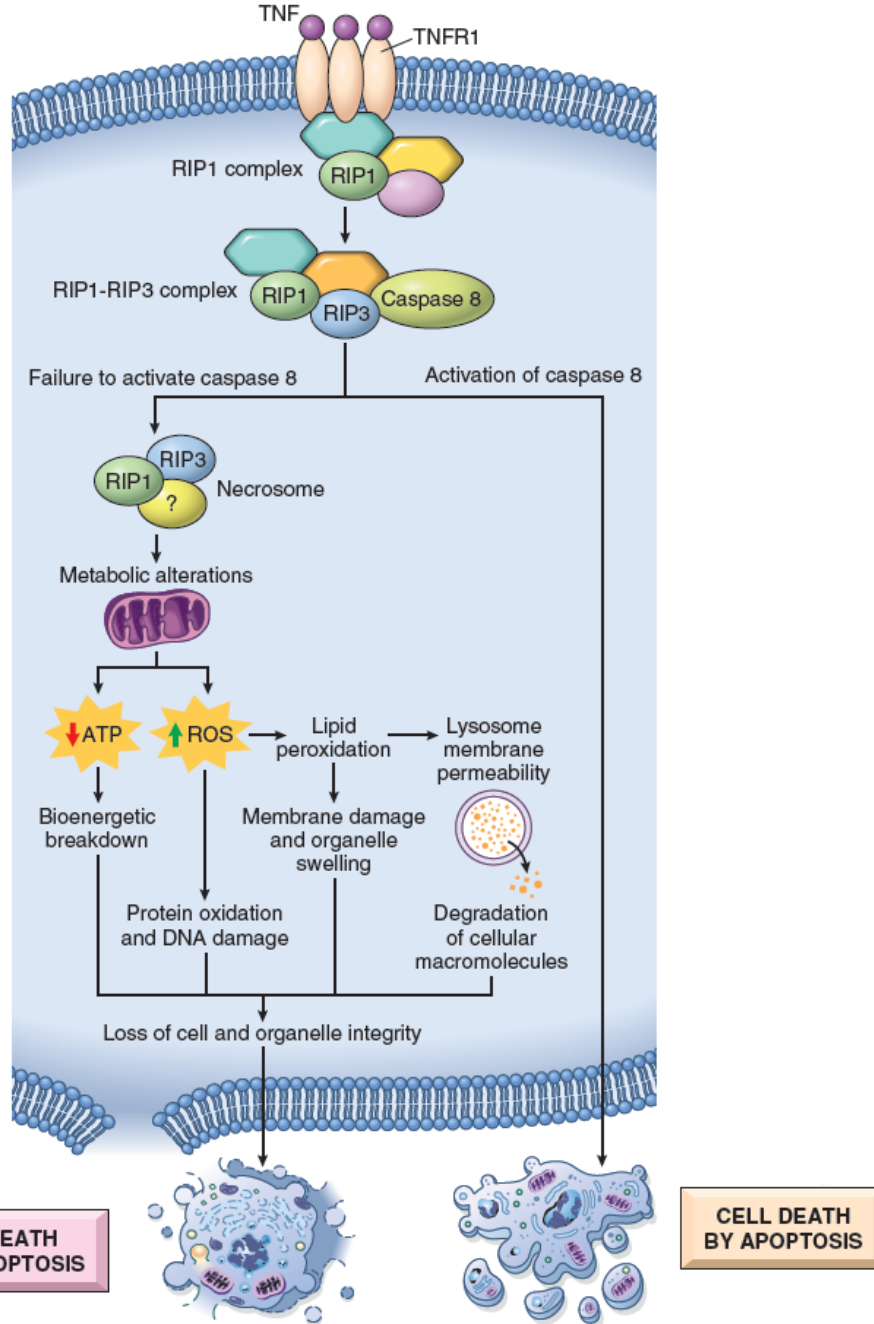
Also induce through Fas





# Necroptosis

*“programmed necrosis”*



## Necroptosis

Physiologic & Pathologic

During formation of the mammalian bone growth plate

Acute pancreatitis

Reperfusion injury

Parkinson disease

Backup against viruses that encode caspase inhibitors (e.g., CMV).