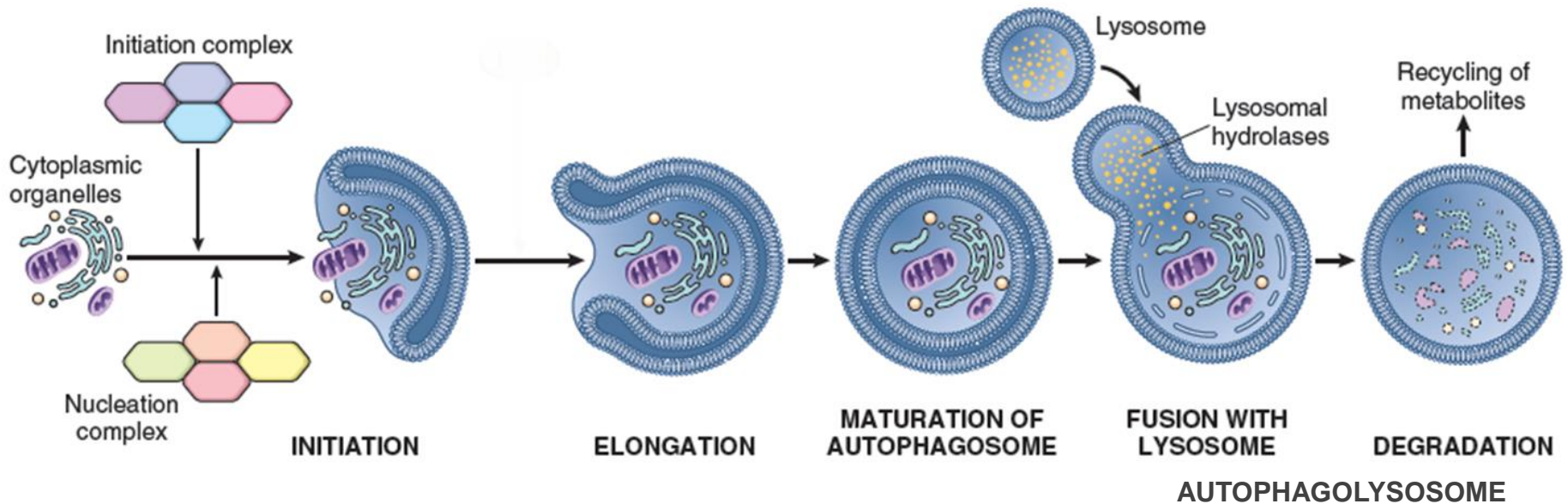




# Autophagy

Greek: auto, *self*; phagy, *eating*

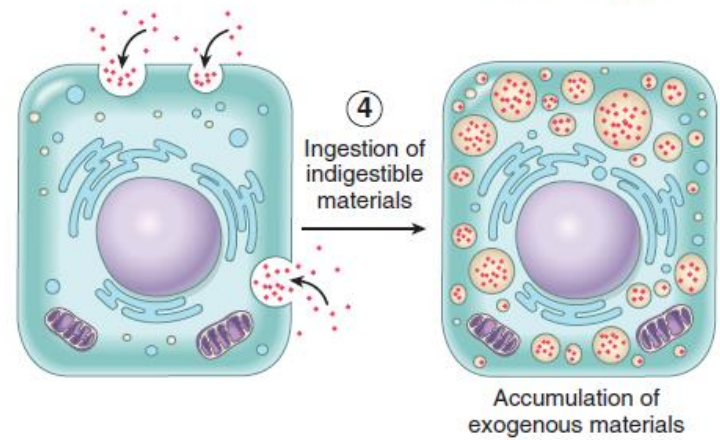
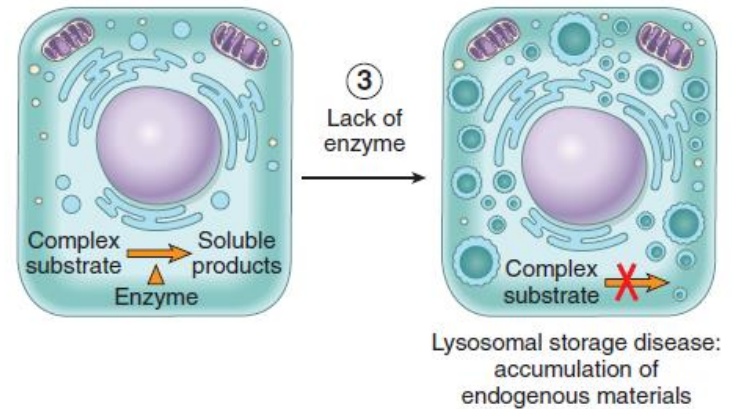
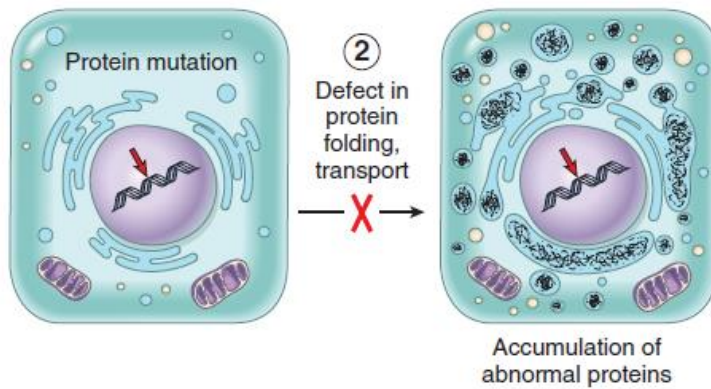
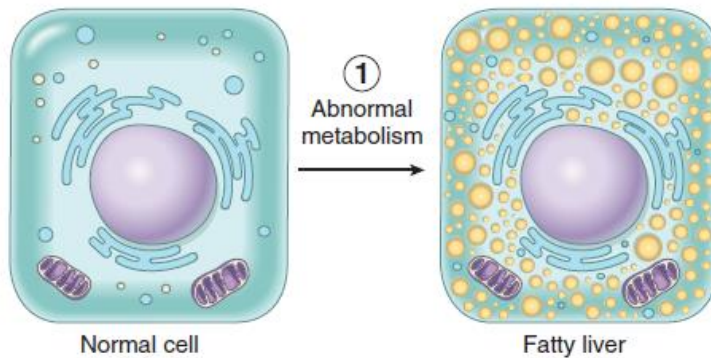


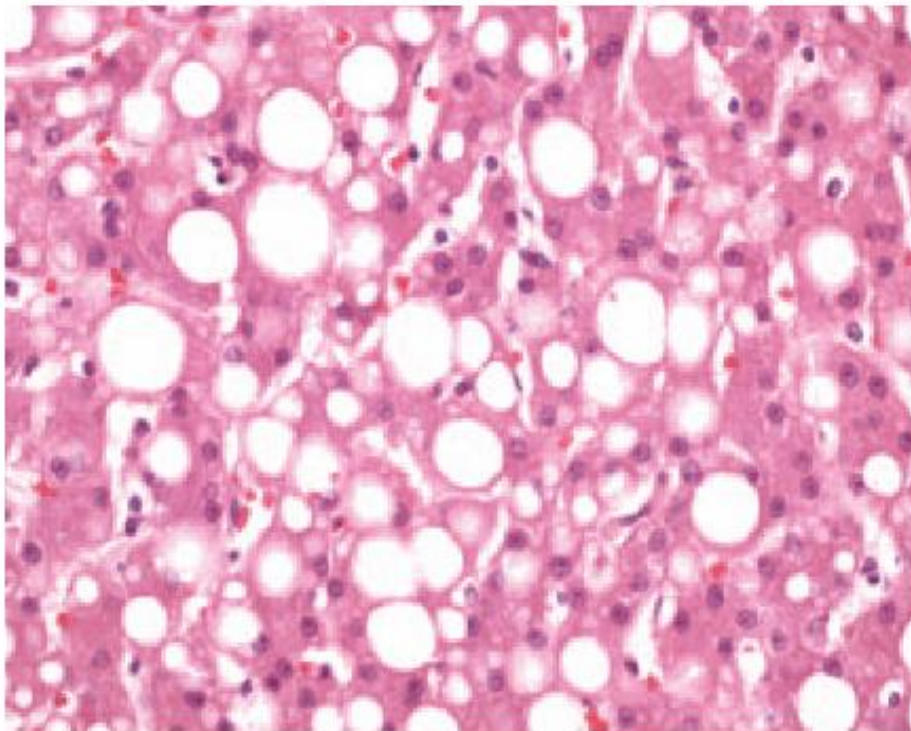
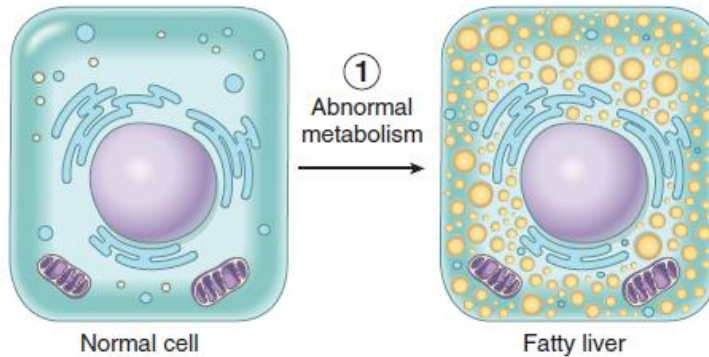
- ▶ Survival mechanism/nutrient deprivation
- ▶ Clearance of misfolded proteins (neurons, hepatocytes)
- ▶ Organelle turnover
- ▶ IBD link?
- ▶ Adaptation failure → autophagy signals a unique type of cell death
- ▶ Has a role in cancer



# Intracellular accumulations

# Types





## Lipids

TAG (fatty change)

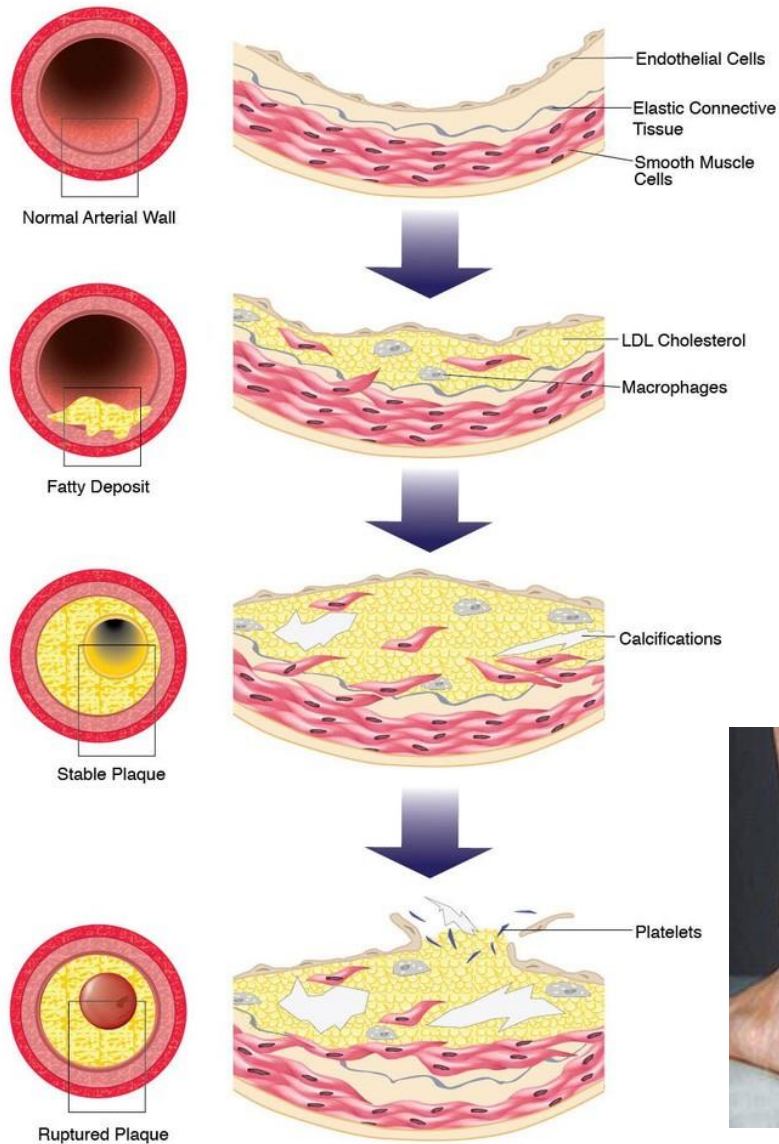
Most common in liver

Also in heart, kidney, muscle

Causes: toxins, protein  
malnutrition, DM, obesity,  
anoxia

*Alcohol abuse and  
DM+obesity are the most  
common causes of fatty liver*





## Lipids

### Cholesterol

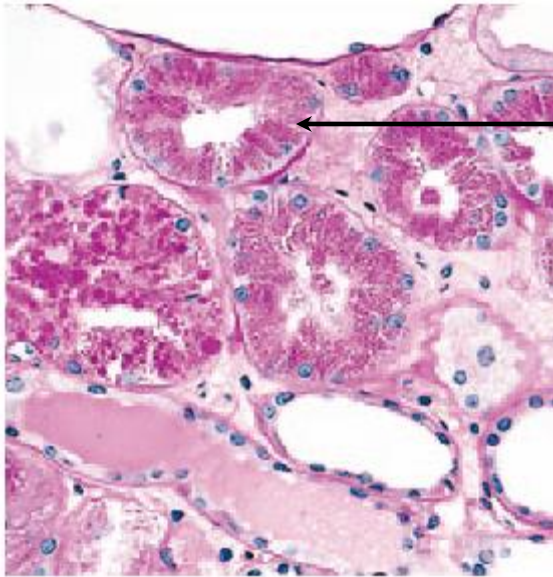
#### Atherosclerotic plaques:

muscle cells and  
macrophages + C,CE (foam  
cells)

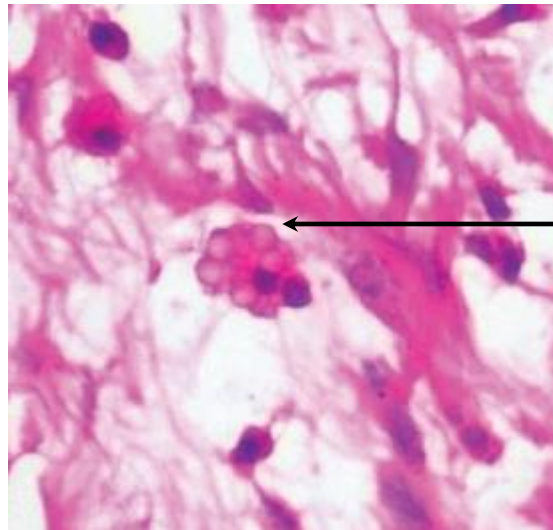
#### Xanthomas:

Cholesterol within  
macrophages characteristic  
of acquired and hereditary  
hyperlipidemias





Example of excess external protein.  
Accumulated reabsorbed albumin in the proximal renal tubules in proteinuria



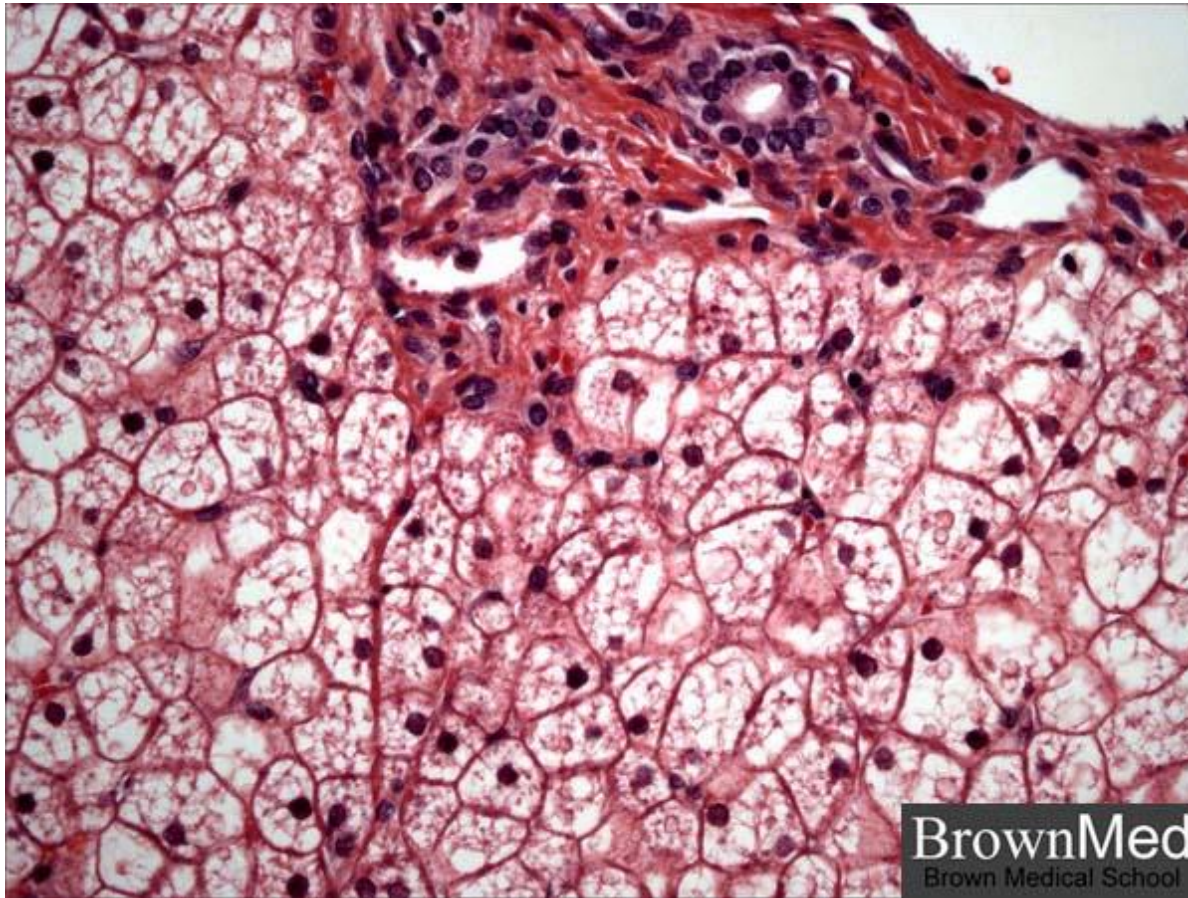
Russell bodies

Example of excess internal protein synthesis. Accumulated Ig's

## Protein

Much less common than lipid accumulations

Either excess external or internal synthesis



Example of G6Pase  
deficiency showing  
typical mosaic pattern  
in the swollen  
hepatocytes

## Glycogen

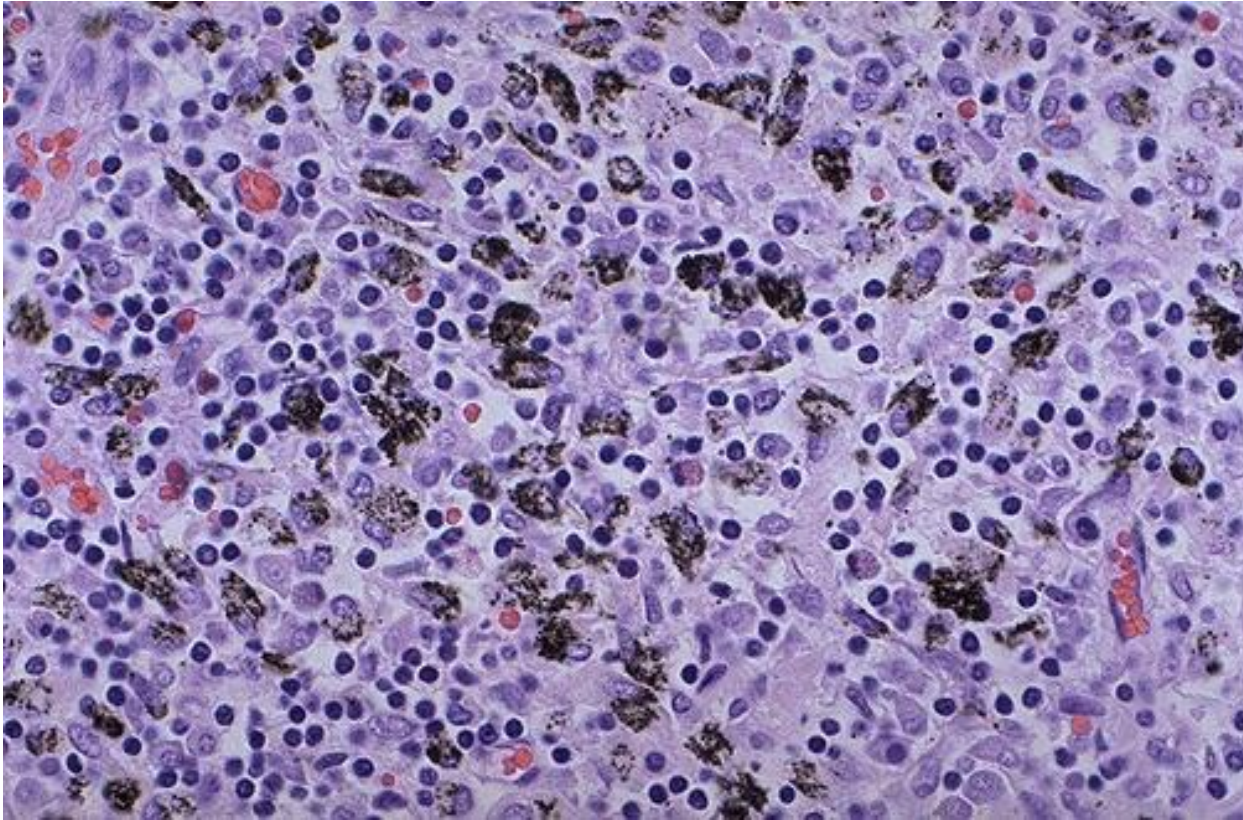
Abnormality in glucose or  
glycogen metabolism

DM

Glycogen storage diseases







## Pigments

### Exogenous

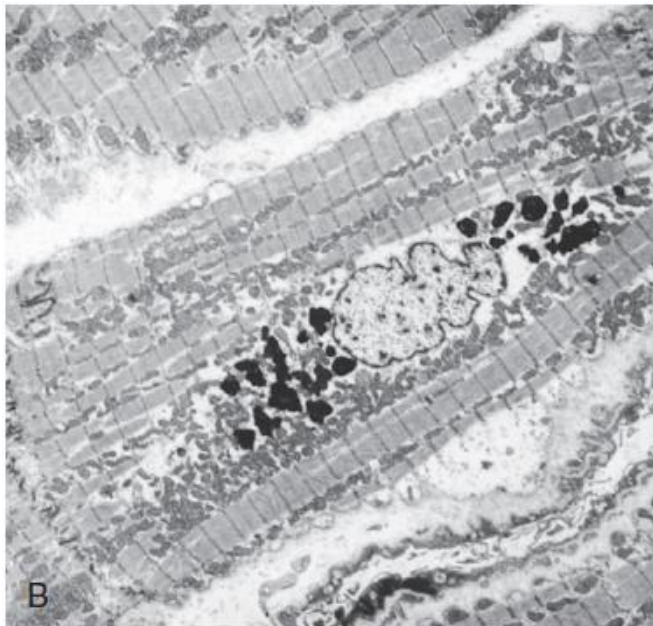
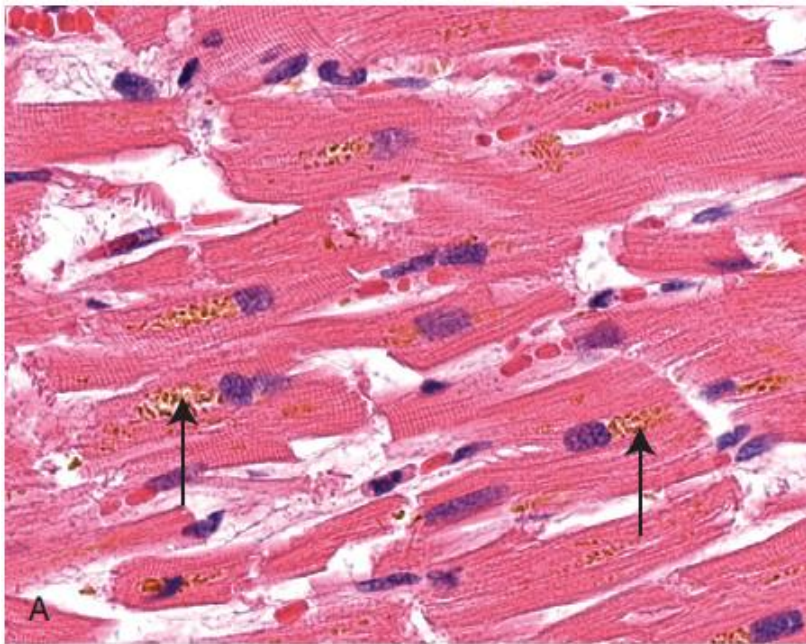
Most common exogenous,  
carbon (coal dust, air  
pollution)

Alveolar macrophages →  
lymphatic channels →  
tracheobronchial LN

### *Anthracosis*

### Tatoos

(dermal macrophages)



## Pigments

Endogenous

Lipofuscin

“wear-and-tear pigment”

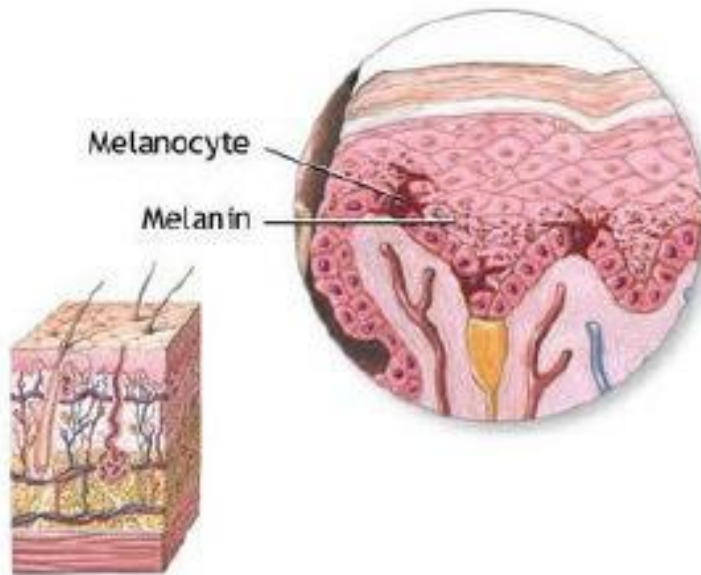
Age/atrophy

Heart, liver, and brain

Lipid and protein

Marker of past free radical injury

*brown atrophy*



## Pigments

Endogenous

Melanin

Source: melanocytes

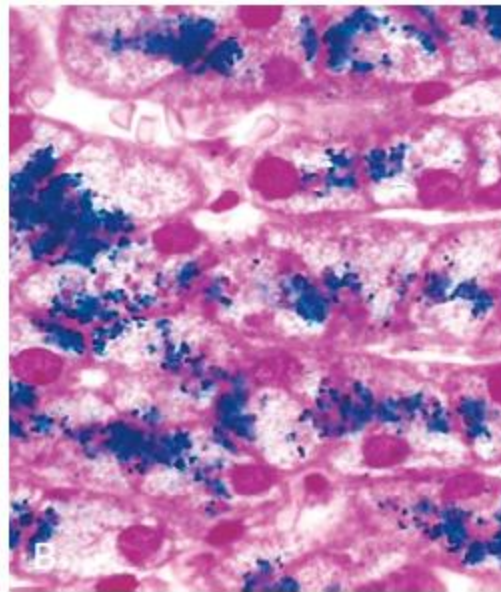
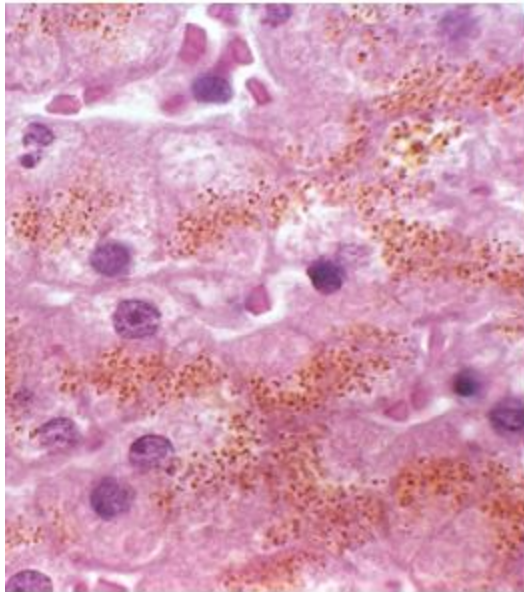
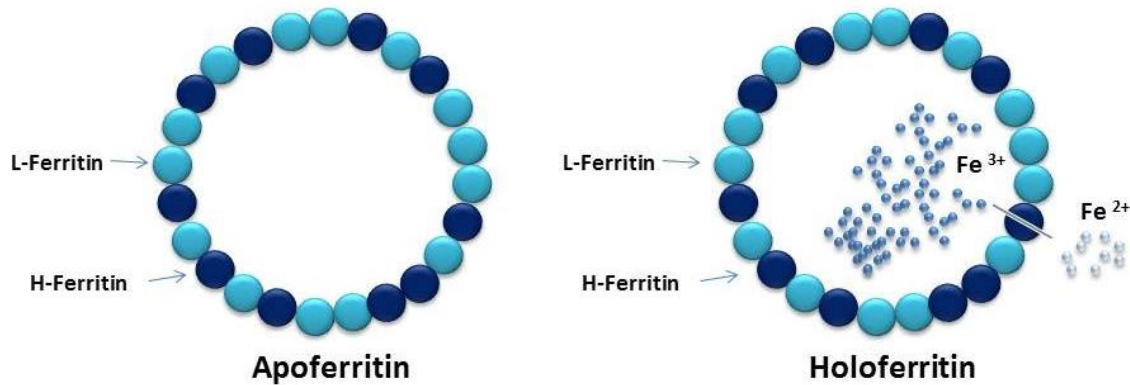
UV protection

Accumulates in dermal  
macrophages and adjacent  
keratinocytes

Skin tan

Freckles





## Hemosiderin

Hb-derived granular pigment

Accumulation of ferritin micelles

Physiologic in the mononuclear phagocytes of the BM, spleen, and liver, from RBC turnover

Bruise: local pathologic deposition from hemorrhage

Hemosiderosis: systemic pathologic deposition of hemosiderin (hemochromatosis, hemolytic anemias, repeated blood transfusions)





# Pathologic Calcification

# Definition

---

*“Abnormal deposition of mostly calcium salts, with iron, magnesium, and other minerals”*

## Dystrophic Calcification

- ▶ Deposition in dead/dying tissues
- ▶ Normal  $\text{Ca}^{2+}$  metabolism
- ▶ Exacerbated by Hypercalcemia

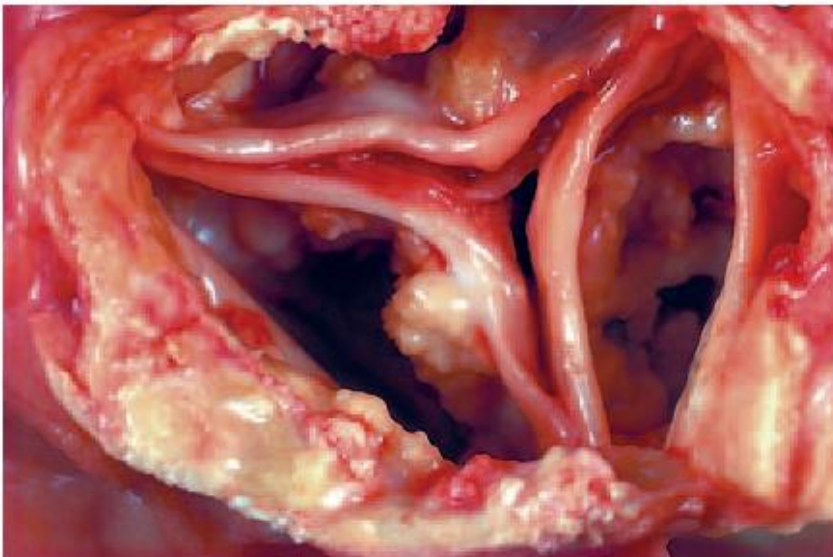
## Metastatic Calcification

- ▶ Deposition in normal tissues
- ▶ Almost always abnormal  $\text{Ca}^{2+}$  metabolism (hypercalcemia)



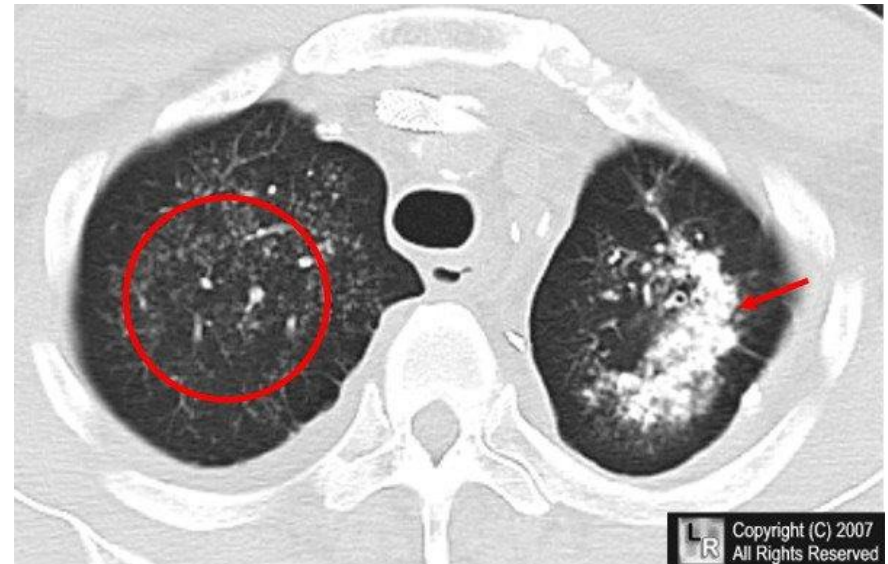
## Dystrophic Calcification

- ▶ Necrosis of any type (e.g. atheromas, damaged cardiac valves)
- ▶ Initiation → propagation
- ▶ Intracellular/extracellular
- ▶ Calcium phosphate crystals



## Metastatic Calcification

- ▶ Hyperparathyroidism (1ry/2ry)
- ▶ Bone destruction (metastasis, MM, leukemia, Pagets)
- ▶ Vit-D intoxication, Sarcoidosis





# Cellular Aging





**“If I don’t go to the doctor, he can’t find anything wrong with me. That’s how I stay healthy!”**

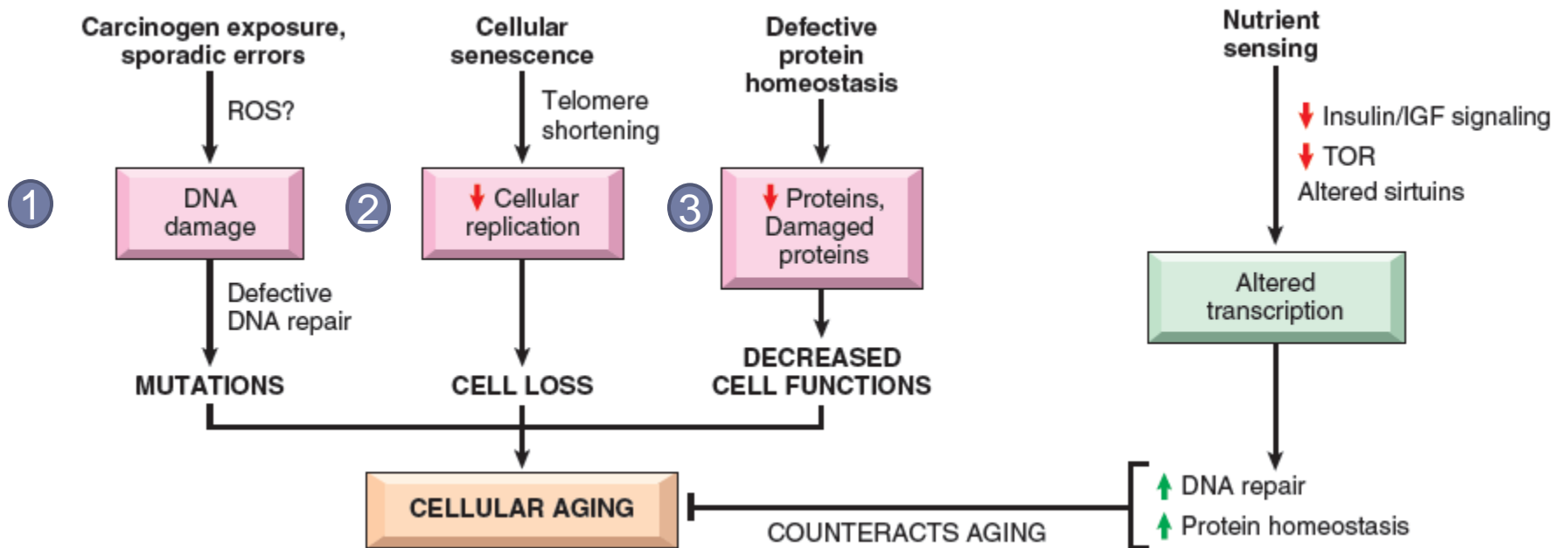
---

*“Age is one of the strongest independent risk factors for many chronic diseases, such as cancer, Alzheimer disease, and ischemic heart disease.”*

---



# Mechanisms



# Cell Senescence & Telomeres

